

Writing Warm-ups

Remember to set a timer, so your thoughts and your writing are not interrupted by you having to look at the clock.

- 1. For each exercise, write in what I call 'Stream of Consciousness' and do not edit anything. Just write.*
- 2. Select an object on your desk & write about it for 2 minutes.*
- 3. Look out the window and write for 3 minutes about the first thing you see.*
- 4. Write for 5 minutes about the last book you read.*
- 5. Write for 5 minutes about your favorite recurring daydream.*
- 6. Write for 5 minutes about planting a summer garden even if you've never done it*
- 7. Write in the first person for 7 minutes about what it's like to be a pirate.*
- 8. Write 7 minutes about yourself from your pet's perspective.*
- 9. Write 8 minutes in the 1st person about your life in an 1865 log cabin.*
- 10. Write for 9 minutes about your first day of school.*

*Write 10 minutes about when you realized you wanted to be a writer.*

*If you want to be a good writer, whatever you do, don't stop writing!*